

COVID-19 Requirements at the REALM

The REALM will continue to follow all state and local authorities requirements as well as the CDC recommendations and guidelines. Please be advised, because of the nature of this Pandemic, the following can change at any time.

Personal accountability

- All students, visitors and staff (above age 2) are required to wear masks while indoors, regardless of vaccination status. The REALM will provide disposable masks for anyone who does not have one available to wear. Masks must cover the mouth and nose.
- All REALM staff are required to either be fully vaccinated OR take a COVID Rapid Test weekly, prior to teaching in person.
- Students will be spaced 3 feet apart from each other while in classrooms, to reduce transmission risks. Practicing social distancing is important to prevent the spread of COVID.
- Frequent hand washing will be encouraged, as well as the use of hand sanitizer.

Safely returning to the REALM requires every individual to do their part. The REALM will expect each family and staff member to:

- Self-monitor for COVID-19 symptoms, including regularly checking your temperature prior to leaving your home.
- Stay home if you are feeling sick, AT ALL.
- Follow social distancing guidance when present at The REALM.
- Wear a face covering (e.g., mask) when indoors at the REALM.
- The parent or legal guardian will complete a daily self-screening attesting that your child:
 - Is COVID-19 symptom-free
 - Has not knowingly had contact with a COVID-19 positive person in the past 14 days
- Wash hands frequently (recommended every hour)
- Students must have temperatures checked upon arrival.
- Teachers, before leaving a space, will wipe down all surfaces with disinfectant wipes including tables, shared supplies, door handles, light switches, and any other surfaces that were touched.
- Contact Talia if you or a family member have been out of the country or state, in order to determine when you may return to The REALM based on the most current guidelines.

When on hikes or adventures with kids it is imperative that we follow safety guidelines and precautions including:

- For students who are being transported by The REALM, masks must be worn while inside the vehicle. Windows will remain open for air circulation. Students should bring their own water bottle, mask/face covering, sunscreen, personal hand sanitizer or disinfectant wipes.
- If a student is being dropped off at a hiking or adventure location, parents must sign and complete a daily self-screening attesting that both parents and students:
 - Are COVID-19 symptom-free

- Have not knowingly had contact with a COVID-19 positive person in the past 14 days
- Agree to follow social distancing guidelines
- Students must have temperatures checked upon arrival.
- Students and teachers must follow social distancing guidelines AT ALL TIMES if unmasked. An exception will be made only when an emergency arises that needs close contact assistance. Teachers will do so using common-sense precautions and thoroughly washing hands afterward.
- Games or activities must follow social distancing guidelines and students may not share materials, sports equipment, or personal items.

Precautions when symptoms arise

- If any child exhibits ANY sign of illness (coughing, sneezing, fever, headache...) they must be immediately picked up. The ill individual will be isolated from others until their transportation arrives.
 - Teachers will document student illness and report to The REALM Directors.
 - Parents will be contacted by a Realm Administrator to determine the cause of illness. Students who have been sent home will not be allowed to return until:
 - They have been quarantined and symptom-free for at least 10 days or
 - They have a doctor's note demonstrating a negative COVID test

In the case of a student or teacher being exposed to COVID, or having symptoms of COVID

- **The individual will**
 - Be advised to get a COVID-19 test.
 - quarantine for 10 days, with the exception of individuals who have been fully vaccinated and are asymptomatic.
 - Be advised to see a doctor.
- The REALM will notify any persons who have come into contact with a confirmed case of COVID-19.
- The REALM will sanitize all areas affected in addition to the normal cleaning protocols.

If a student or REALM staff member has been diagnosed with COVID

- The REALM will require all students and staff members who have had contact with the individual for an extended amount of time (15 mins per day), not to return for in-person instruction until they have met all three criteria:
 - They have a negative COVID test
 - At least 24 hours have passed since the resolution of a fever without the use of fever-reducing medications.
 - All other symptoms have improved.
- The REALM will notify all individuals who have come in contact with a diagnosed case, and advise them accordingly.

- Should a cluster of cases occur, The REALM will switch to virtual instruction temporarily until the setting has been properly disinfected and it is safe to return in accordance with CDC guidelines.